

Join Norfolk Recreation and King Philip's Varsity Girls Coach Amy Siggens for...

## A NEW SPRING CLINIC FOR EXPERIENCED BASKETBALL PLAYERS:

## BASKETBALL FUNDAMENTALS

## →For King Philip Girls in Grades 5-7

Understanding and executing the fundamentals of any game is the key to success. Join KP Varsity Girls Coach, Amy Siggens, for this new spring clinic designed for experienced basketball players. This program will break down essential basketball fundamentals so players can technically improve dribbling, passing, defense, rebounding as well as how to contribute better as a team member! This program is for players whose goals are to improve their game and to move to the next level. This program is also a great precursor to the week-long Summer Girls' Basketball Clinic held July 9-12. Please arrive dressed ready to play. Please bring a towel & plenty of water too!

Previous basketball experience required.

THURSDAYS 6:15pm-7:30pm DATES: 5/24, 5/31, 6/7, 6/14, 6/21 LOCATION: KP High School Wood Gym. Please enter/exit main lobby doors.

FEE: \$75

Register ON-LINE AT <u>WWW.NORFOLK.MA.US</u>!! OR Register in person by completing this form and bringing it with payment (check/cash) to Norfolk Recreation's office (Door #4) on the ground floor of the Town Hall, 1 Liberty Lane, Norfolk, MA 02056. Questions? Please call us at 508-520-1315.

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|---------------------------------------|---------------------------------------|----------------------|---|
| Name:                                 | D.O.B.:                               | Grade:_              | Parent's Name:                                  |
| Street/Town:                          | Phone #'s (home/cell/emergency):      |                      |   |
| Allergies:                            | Alternative                           | pick up peopl        | e:  |
| Email Address:                        |                                       | Progr                | am: Girls Basketball Fundamentals               |
| l,, on b                              | ehalf of myself and/or my minor of    | child, hereby rele   | ase and hold harmless the Town of Norfolk,      |
| Norfolk Public Schools, King Philip I | Regional Schools, all their officers, | employees, cont      | ract employees, volunteers, and agents from any |
| claims, causes of action or liability | arising or relating in any way to ar  | ny injuries that I o | r my child might sustain from my or my child's  |
| participation in Norfolk Recreation   | activities including such claims or   | causes of action     | that I/he/she may now have or thereafter        |
| acquire (either independently or as   | s a parent of said child) or that my  | child may have o     | or hereafter may acquire.                       |
| SIGNATURE: X                          | DATE:                                 | •                    | •   |